



UNIVERSITY OF
SASKATCHEWAN

Bone Health Day: Fracture Prevention

Keynote Speaker

Teppo Järvinen, MD, PhD

*University of British Columbia
and University of Tampere Finland*

Monday, May 25th, 2009

1:00 - 4:15 PM

Physical Activity Complex Theatre 246

1:05- 2:00 pm Fracture Prevention—Where should we focus?
Dr. Teppo Jarvinen

2:00—2:40 pm Prevention of Falls and Osteoporosis—Importance of exercise
and education
Dr. Cathy Arnold, PT and Dr. Phil Chilibeck

3:00 - 3:40 pm Growing Strong Bones—Evidence from the U of S longitudinal
studies
Dr. Donald Bailey

3:40 - 4:10 pm Imaging Bone—New horizons from the Canadian Light Source
Dr. Dean Chapman and Dr. David Cooper

4:30pm Tour to Canadian Light Source

Supported by: University of Saskatchewan, College of Kinesiology and Saskatchewan Health Research Foundation

For information visit our website <http://kinesiology.usask.ca/academics/bone-health-day/>
Or contact boneday@usask.ca